

## VALUES

Core Values act as our compass to put us back on course every single day, so that day after day, we're moving in the direction that takes us closer and closer to our definition of the "best" life we could possibly live. Because time is limited and we become easily distracted, consciously knowing and living by our values becomes extremely important. Research supports individuals that have identified their core values and work for an organization that has established their core values experience higher levels of engagement.

### 1. Select the three core values that best defines who you are what you stand for:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Accuracy          | <input type="checkbox"/> Enthusiasm         | <input type="checkbox"/> Learning             |
| <input type="checkbox"/> Achievement       | <input type="checkbox"/> Excellence         | <input type="checkbox"/> Love                 |
| <input type="checkbox"/> Adaptability      | <input type="checkbox"/> Faith              | <input type="checkbox"/> Loyalty              |
| <input type="checkbox"/> Adventure         | <input type="checkbox"/> Fitness            | <input type="checkbox"/> Maturity             |
| <input type="checkbox"/> Affection         | <input type="checkbox"/> Flexibility        | <input type="checkbox"/> Method               |
| <input type="checkbox"/> Alertness         | <input type="checkbox"/> Focus              | <input type="checkbox"/> Meticulousness       |
| <input type="checkbox"/> Ambition          | <input type="checkbox"/> Forgiveness        | <input type="checkbox"/> Modesty              |
| <input type="checkbox"/> Assertiveness     | <input type="checkbox"/> Freedom            | <input type="checkbox"/> Naturalness          |
| <input type="checkbox"/> Authenticity      | <input type="checkbox"/> Friendship         | <input type="checkbox"/> Nurturing            |
| <input type="checkbox"/> Balance           | <input type="checkbox"/> Fulfillment        | <input type="checkbox"/> Optimism             |
| <input type="checkbox"/> Beauty            | <input type="checkbox"/> Generosity         | <input type="checkbox"/> Organization         |
| <input type="checkbox"/> Boldness          | <input type="checkbox"/> Gentleness         | <input type="checkbox"/> Originality          |
| <input type="checkbox"/> Broad-mindedness  | <input type="checkbox"/> Good attitude      | <input type="checkbox"/> Patience             |
| <input type="checkbox"/> Calmness          | <input type="checkbox"/> Good humour        | <input type="checkbox"/> Peace                |
| <input type="checkbox"/> Capability        | <input type="checkbox"/> Growth             | <input type="checkbox"/> Perseverance         |
| <input type="checkbox"/> Career            | <input type="checkbox"/> Happiness          | <input type="checkbox"/> Persistence          |
| <input type="checkbox"/> Caring            | <input type="checkbox"/> Hard work          | <input type="checkbox"/> Personal fulfillment |
| <input type="checkbox"/> Clear thinking    | <input type="checkbox"/> Health             | <input type="checkbox"/> Personal mastery     |
| <input type="checkbox"/> Compassion        | <input type="checkbox"/> Helpfulness        | <input type="checkbox"/> Playfulness          |
| <input type="checkbox"/> Competence        | <input type="checkbox"/> Honesty            | <input type="checkbox"/> Pleasantness         |
| <input type="checkbox"/> Confidence        | <input type="checkbox"/> Hope               | <input type="checkbox"/> Politeness           |
| <input type="checkbox"/> Conscientiousness | <input type="checkbox"/> Humility           | <input type="checkbox"/> Possessiveness       |
| <input type="checkbox"/> Consideration     | <input type="checkbox"/> Self-actualization | <input type="checkbox"/> Practicality         |
| <input type="checkbox"/> Contentment       | <input type="checkbox"/> Self-control       | <input type="checkbox"/> Precision            |
| <input type="checkbox"/> Contribution      | <input type="checkbox"/> Sensibility        | <input type="checkbox"/> Professionalism      |
| <input type="checkbox"/> Cooperation       | <input type="checkbox"/> Simplicity         | <input type="checkbox"/> Progress             |
| <input type="checkbox"/> Courage           | <input type="checkbox"/> Sincerity          | <input type="checkbox"/> Prosperity           |
| <input type="checkbox"/> Creativity        | <input type="checkbox"/> Skill              | <input type="checkbox"/> Punctuality          |
| <input type="checkbox"/> Customer Service  | <input type="checkbox"/> Sociability        | <input type="checkbox"/> Purposefulness       |
| <input type="checkbox"/> Dependability     | <input type="checkbox"/> Specialness        | <input type="checkbox"/> Quality              |
| <input type="checkbox"/> Determination     | <input type="checkbox"/> Status             | <input type="checkbox"/> Quickness            |
| <input type="checkbox"/> Imagination       | <input type="checkbox"/> Strength           | <input type="checkbox"/> Resourcefulness      |
| <input type="checkbox"/> Impartiality      | <input type="checkbox"/> Success            | <input type="checkbox"/> Value                |
| <input type="checkbox"/> Independence      | <input type="checkbox"/> Sympathy           | <input type="checkbox"/> Versatility          |
| <input type="checkbox"/> Innovation        | <input type="checkbox"/> Tact               | <input type="checkbox"/> Victory              |
| <input type="checkbox"/> Integrity         | <input type="checkbox"/> Talent             | <input type="checkbox"/> Vigor                |
| <input type="checkbox"/> Joviality         | <input type="checkbox"/> Teamwork           | <input type="checkbox"/> Warmth               |
| <input type="checkbox"/> Joy               | <input type="checkbox"/> Thankfulness       | <input type="checkbox"/> Willpower            |
| <input type="checkbox"/> Kindness          | <input type="checkbox"/> Thoroughness       | <input type="checkbox"/> Wisdom               |
| <input type="checkbox"/> Knowledge         | <input type="checkbox"/> Tolerance          | <input type="checkbox"/> Wit                  |
| <input type="checkbox"/> Leadership        | <input type="checkbox"/> Tranquility        | <input type="checkbox"/> Youthfulness         |
| <input type="checkbox"/> Respect           | <input type="checkbox"/> Trustworthiness    | <input type="checkbox"/> Zeal                 |
| <input type="checkbox"/> Responsibility    | <input type="checkbox"/> Truthfulness       | <u>Other</u>                                  |
| <input type="checkbox"/> Satisfaction      | <input type="checkbox"/> Understanding      | <u>Other</u>                                  |
| <input type="checkbox"/> Security          | <input type="checkbox"/> Uniqueness         | <u>Other</u>                                  |

